

RPTA 125-05 – Leisure, the Individual, and Contemporary Society

Part 1: Course Information

Class Meetings: Tuesdays, 6:00 p.m. – 7:15 p.m. and asynchronously (hybrid)
Zoom Meeting ID: 871 0435 2456 or URL: <https://csus.zoom.us/j/87104352456>

Instructor Information

Instructor: Cole Forstedt, MS
Office: Zoom Office ID: 323 191 3320 or URL: <https://csus.zoom.us/j/3231913320>
Office Hours: Tuesdays, 5:00 p.m. – 5:45 p.m. or by appointment
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Course Description

- Provides an understanding of the social science of leisure in contemporary society by examining the philosophical, socio-cultural, ethical, economic, behavioral, political and historical dimensions of leisure; exploration of the interrelationship between individuals, groups, and society in the context of leisure. Course also examines beliefs, values, and social structures, and compares and contrasts them with individual and social influences such as race, ethnicity, gender, gender expression, sexuality, age, economic status and ability.

Prerequisite

- Students must have passed the WPE or Eng 109W/E prior to enrollment in 125.

GE Area if Applicable

- Meets Area D and Writing Intensive Requirement.

Textbook & Course Materials

Required Text

- Gini, A. (2005). The importance of being lazy: In praise of play, leisure and vacations. Routledge: San Bernardino, CA.

Recommended Texts & Other Readings

- Additional articles and readings will be provided on the Canvas course site. An index of Supplementary Readings is provided within the course schedule below.

Course Requirements

- Internet connection (High-speed for sufficient bandwidth to support Zoom meetings)
- Webcam AND microphone on computer or phone
- Access to Canvas and online materials
- Daily access to CSUS email to stay up-to-date on class communications

Course Structure

Scheduled classes will be interactive lecture and discussion. Some class meetings will invite discussion to further explore course materials and prepare students for writing on assigned topics. When not meeting during regular class time, students complete work asynchronously.

Online Resources

Technical Support: If you have issues with Canvas, you need to contact the CSUS Help Desk/IRT Service Desk: <http://www.csus.edu/canvas>

Part 2: Course Learning Outcomes

1. Students will be able to identify and articulate the philosophical, socio-cultural, ethical, economic, behavioral, political and historical dimensions of leisure.
2. Students will explore the role of leisure in society as viewed from individual, socio-cultural, historical, and institutional contexts.
3. Students will be able to describe the basic research methods (quantitative and qualitative), theories (sociological, social-psychological, psychological and critical), and principles used in leisure research.
4. Students will be able to describe different characteristics associated with the construct of leisure – recreation, play, time, state of mind, work – and leisure services systems.
5. Students will be able to explain how markers of identity such as race, ethnicity, age, gender and gender expression, etc. affect social mores and values as related to leisure.
6. Students will be able to describe how leisure settings and contexts can be influenced by institutional issues of oppression – racism, sexism, heterosexism, etc. – and how these issues affect individual and group experiences of leisure.
7. Students will be able to understand the various ways in which issues of economics and consumption (media, shopping, etc.) affect leisure's role in contemporary society.
8. Students will be able to explore issues of power and the dynamic of agency and structure as it manifests through leisure contexts.
9. Students will fulfill the writing intensive requirement of not less than 5,000 words of clear and logical prose in response to the instructor provided list of written assignments (along with the word requirement for each assignment) designed to meet the Writing Intensive 5,000-word requirement. Failure to meet the 5,000-word requirement will result in an incomplete grade for the course.

General Education Area D Learning Outcomes (ADLO)

1. Describe and evaluate ethical and social values in their historical and cultural contexts.
2. Explain and apply the principles and methods of academic disciplines to the study of social and individual behavior.
3. Demonstrate an understanding of the role of human diversity in human society, for example, race, ethnicity, class, age, ability/disability, sexual identity, gender and gender expression.
4. Explain and critically examine social dynamics and issues in their historical and cultural contexts.

You will meet the objectives listed above through a combination of the following activities in this course:

1. Attend classes regularly and participate in discussions and activities
2. Complete assigned readings and other required class preparation
3. Complete assignments thoroughly and in alignment with instructions

Part 3: Grading Policy**Graded Course Activities**

Points	Description	Word Count
100	Class Participation and Attendance	N/A
50	Activity Assignments (2 at 15 points each, 1 at 20 points)	N/A
100	Discussions (4 total at 25 points each)	1,000 (250 each)
150	Reflection Assignments (3 total at 50 points each)	1,500 (500 each)
250	Core Writing Assignment: Media Consumption Paper	1,000
350	Core Writing Assignment: Leisure Interviews Research Paper	1,500
TBA	Final Paper: Op. Ed.	500
1,000	Total Points Possible	

Late Work Policy

Be sure to pay close attention to deadlines—there will be no make-up assignments or quizzes, or late work accepted without a serious and compelling reason and approval.

Viewing Grades in Canvas

Points you receive for graded activities will be posted to the Canvas Grade Center. Click on the Grades link on the left navigation to view your points.

Your instructor will update the online grades each time a grading session has been complete—typically 5-10 days following the completion of an activity.

Letter Grade Assignment

Final grades assigned for this course will be based on the percentage of total points earned and are assigned as follows:

Letter Grade	Percentage	Performance
A	94-100%	Excellent Work
A-	90-93%	Nearly Excellent Work
B+	87-89%	Very Good Work
B	83-86%	Good Work
B-	80-82%	Mostly Good Work
C+	77-79%	Above Average Work
C	73-76%	Average Work
C-	70-72%	Mostly Average Work
D+	67-69%	Below Average Work
D	60-66%	Poor Work
F	0-59%	Failing Work

Important note: For more information about grading at Sac State, visit the academic policies and grading section of the university catalog.

Part 4: Course Policies

Class Attendance

Students are expected to attend all class sessions as listed on the course calendar unless prior arrangements with the instructor have been made. Excused absences are at the discretion of the instructor. Contact the instructor via email before the scheduled class meeting if you will be unable to attend class. Attendance is taken at the beginning and end of each class. Please be on time for all class Zoom sessions. Students will not be penalized for COVID-19 related absences or late assignments. Please get in touch when you are able with the instructor if you this affects you in any way.

Participation

Participation points will be awarded for synchronous class attendance on Zoom. Video is preferred to be turned on during class meetings unless previously arranged with the instructor (i.e., poor internet connection, etc.). Enabling video during Zoom meetings is important to ensure students' identity is recognized for documenting attendance and to prevent unauthorized access to class sessions. All assignments must be completed to reach the 5,000 word writing intensive requirement for this course.

Self-assessments and Online Exams

Canvas self-assessments are not group projects. The assessments are to be completed by the individual student without assistance from other students or personnel. *The use of or sharing of information in completing any Canvas self-assessment will result in the assignment of a failing grade for all of the student's self-assessments.*

Contact the instructor via the course's Canvas email immediately after you logoff the self-assessment if you experience problems with the assessment program. The instructor will decide if the assessment will be reset.

Develop Rapport

If you find that you have any trouble keeping up with assignments or other aspects of the course, make sure you let your instructor know as early as possible. As you will find, building rapport and effective relationships are key to becoming an effective professional. Make sure that you are proactive in informing your instructor when difficulties arise during the semester.

Complete Assignments

All assignments for this course will be submitted electronically through Canvas unless otherwise instructed. Assignments must be submitted by the given deadline or special permission must be requested from instructor ***before the due date***. Extensions will not be given beyond the next assignment except under extreme circumstances.

All discussion assignments must be completed by the assignment due date and time. Late or missing discussion assignments will affect the student's grade.

Understand When You May Drop This Course

It is the student's responsibility to understand when they need to consider disenrolling from a course. Refer to the Sac State Course Schedule for dates and deadlines for registration. After this period, a serious and compelling reason is required to drop from the course. Serious and compelling reasons includes: (1) documented and significant change in work hours, leaving student unable to attend class, or (2) documented and severe physical/mental illness/injury to the student or student's family.

Incomplete Policy

Under emergency/special circumstances, students may petition for an incomplete grade. An incomplete will only be assigned if the student obtains prior approval from the instructor. All incomplete course assignments must be completed within three months.

Inform Your Instructor of Any Accommodations Needed

If you have a documented disability and verification from the [Office of Services to Students with Disabilities](#) (SSWD), and wish to discuss academic accommodations, please contact your instructor as soon as possible. It is the student's responsibility to provide documentation of disability to SSWD and meet with a SSWD counselor to request special accommodation *before* classes start.

SSWD is located in Lassen Hall 1008 and can be contacted by phone at (916) 278-6955 (Voice) (916) 278-7239 (TDD only) or via email at sswd@csus.edu.

Laptop and Cell Phone Policy

No photographing, recording, emailing, social media use, or text messaging is allowed during class without permission of the instructor.

Commit to Integrity and Honesty

As a student in this course (and at this university) you are expected to maintain high degrees of professionalism, commitment to active learning and participation in this class and also integrity in your behavior in and out of the classroom.

Sac State's Academic Honesty Policy & Procedures

"The principles of truth and honesty are recognized as fundamental to a community of scholars and teachers. California State University, Sacramento expects that both faculty and students will honor these principles, and in so doing, will protect the integrity of academic work and student grades."

Read more about Sac State's [Academic Honesty Policy & Procedures](#)

Definitions

At Sac State, "**cheating** is the act of obtaining or attempting to obtain credit for academic work through the use of any dishonest, deceptive, or fraudulent means."

"**Plagiarism** is a form of cheating. At Sac State, "plagiarism is the use of distinctive ideas or works belonging to another person without providing adequate acknowledgement of that person's contribution."

Source: Sacramento State University Library

Important Note: Any form of academic dishonesty, including cheating and plagiarism, may be reported to the office of student affairs.

Course policies are subject to change. It is the student's responsibility to check Canvas for corrections or updates to the syllabus. Any changes will be posted in Canvas.

Basic Needs Support

If you are experiencing challenges in the area of food and/or stable housing, Sacramento State offers basic needs support for students. Please visit the Basic Needs website to learn more about options and resources available: <https://www.csus.edu/basicneeds/>.

Student Health & Counseling Services

Your physical and mental health are important to your success as a college student. Student Health and Counseling Services (SHCS) in the WELL offers medical, counseling and wellness services to help you get and stay healthy during your time at Sac State. SHCS offers: Primary Care medical services, including sexual and reproductive healthcare, transgender care, and immunizations; urgent care for acute illness, injuries, and urgent counseling needs; pharmacy for prescriptions and over-the-counter products; mental health counseling, including individual sessions, group counseling, support groups, mindfulness training, and peer counseling; athletic training for sports injury rehabilitation; wellness services, including nutrition counseling, peer led health education and wellness workshops, and free safe sex supplies; violence and sexual assault support services. Most services are covered by the Health Services fee and available at no cost. (916) 278-6461.

Crisis Assistance & Resource Education Support (CARES)

If you are experiencing challenges with food, housing, financial or other unique circumstances that are impacting your education, help is just a phone call or email away. The CARES office provides case management support for any enrolled student. (916) 278-5138 or cares@csus.edu.

Title IX Information

The University requires faculty and staff to report any personal disclosures of sexual conduct including: rape, dating/domestic violence, and stalking to the Title IX Coordinator. Students who do not wish to report their experiences to me or the Title IX Coordinator may speak to someone confidentially by contacting Student Health and Counseling Services. (916) 278-5770 equalopportunity@csus.edu

Part 5: Additional Resources

Several additional readings are required and will be shared within Canvas on each module and are reflected within the syllabus schedule.

Part 6: Topic Outline/Schedule

See tentative course schedule on next page. Check Canvas course schedule and announcements page regularly as the schedule is subject to change and will be updated as needed on Canvas. All assignments listed are due via Canvas unless otherwise instructed. The course schedule is subject to change and you will be notified of any changes.

Week	Topic or Activity	Readings Due	Assignments Due
1 (1/25)	Course Overview and Introductions		<ul style="list-style-type: none"> Review Syllabus and Canvas
--Module 1--			
2 (2/1)	Overview of Leisure	<ul style="list-style-type: none"> Gini: pp. 1-12 & Ch. 1-2 Alboher (2008) Sopher (2014) 	<ul style="list-style-type: none"> People BINGO! due at 5:59pm Begin Time Budget Log
3 (2/8)	Recreation and Play	<ul style="list-style-type: none"> Gini: Ch. 3-4 Four data articles 	
4 (2/15)	Leisure and Work	<ul style="list-style-type: none"> Kivel (2018) Mowatt (2017) Storck (2004) 	<ul style="list-style-type: none"> Discussion 1 due at 5:59pm
--Module 2--			
5 (2/22)	<i>Affluenza Activity</i>	<ul style="list-style-type: none"> Klinge (2018) Manson (2017) 	<ul style="list-style-type: none"> Reflection A due at 5:59pm View film: Affluenza Affluenza Activity discussion due 2/25 at 11:59pm
6 (3/1)	Leisure Research Theories	<ul style="list-style-type: none"> Gini: Ch. 5 Haller, Hadler. Kaup (2013) 	<ul style="list-style-type: none"> Begin Leisure Interviews
7 (3/8)	Media and Consumption (<i>Guest Speaker</i>)	<ul style="list-style-type: none"> Faris (2018) Faris (2018) Fullager (2013) 	<ul style="list-style-type: none"> Discussion 2 due at 5:59pm Begin Media Consumption Log
--Module 3--			
8 (3/15)	<i>Virtual Museum Tour Activity</i> & Media Consumption work time		<ul style="list-style-type: none"> Reflection B due at 5:59pm Virtual Museum Tour Activity discussion due 3/18 at 11:59pm
3/22	SPRING BREAK		
9 (3/29)	Leisure and Identity	<ul style="list-style-type: none"> Economics Daily (2018) Kivel (2000) Kivel (2001) 	<ul style="list-style-type: none"> Discussion 3 due at 5:59pm
10 (4/5)	Markers of Identity (<i>Guest Speaker</i>)	<ul style="list-style-type: none"> Kivel (2018) Wolcott (2019) 	
11 (4/12)	<i>Social Change Activity</i>	<ul style="list-style-type: none"> Shaw (2017) Oakleaf (2018) 	<ul style="list-style-type: none"> Social Change Activity discussion due 4/15 at 11:59pm Media Consumption Paper due at 5:59pm
--Module 4--			
12 (4/19)	Leisure Services Profession	<ul style="list-style-type: none"> Gini: Ch. 6, 7, 8 	<ul style="list-style-type: none"> Reflection C due at 5:59pm
13 (4/26)	Leisure in Current Times	<ul style="list-style-type: none"> Ray (2020) Maddock (2017) 	<ul style="list-style-type: none"> Discussion 4 due at 5:59pm
14 (5/3)	Leisure Interview Assignment work time		
15 (5/10)	Course Wrap-Up		<ul style="list-style-type: none"> Leisure Interview Paper and Interviews due at 5:59pm <i>Submit Final Paper: Op. Ed. by 5/17</i>